

CURRICULUM VITAE
KIMBERLY A. STRAN, PH.D., R.D.

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EDUCATION

The University of Alabama, Tuscaloosa, AL Major: Health Education and Health Promotion Dissertation: "An Evaluation of the Intention of College Students to Utilize Calorie Labeling in Fast Food and Full-Service Restaurants: Application of the Theory of Planned Behavior"	Ph.D.	2013
The University of Alabama at Birmingham, Birmingham, AL Major: Nutrition Sciences	M.S.	2009
Indiana University, Bloomington, IN Major: Applied Health Science and Dietetics	B.S.	2004

PROFESSIONAL EXPERIENCE

2013-present **Assistant Professor**, Department of Human Nutrition and Hospitality Management, College of Human Environmental Sciences, The University of Alabama, Tuscaloosa, AL

Courses taught:

- NHM 340 Community Nutrition
- NHM 363 Applied Nutrition
- NHM 365 Medical Nutrition Therapy I
- NHM 372 Introduction to Food Service Management
- NHM 395 Introduction to Research in Food and Nutrition
- NHM 441 Nutrition Education
- NHM 442 Nutrition Care Process
- NHM 454 Experimental and Functional Foods
- NHM 465 Medical Nutrition Therapy II
- NHM 491 Directed Professional Study
- NHM 530 Advanced Nutrition Counseling
- NHM 540 Advanced Nutrition Education

2009-2013 **Graduate Teaching Assistant**, Department of Human Nutrition and Hospitality Management, College of Human Environmental Sciences, The University of Alabama, Tuscaloosa, AL
Undergraduate courses: Applied Nutrition, Supervised Practice in Medical

Nutrition Therapy I

2006-2008 **Clinical Dietitian**, Rehabilitation Institute of Chicago, Chicago, IL

PUBLICATIONS

Peer-Reviewed Publications

Stran, K. A., Knol, L. L., Severt, K. S., & Lawrence, J. C. (2016). College students' intentions to use calorie information on a restaurant menu: Application of the Theory of Planned Behavior. *American Journal of Health Education*, 47(4), 215-223.

Stran, K. A., Knol, L. L., Turner, L. W., Severt, K. S., McCallum, D. M., & Lawrence, J. C. (2016). College students must overcome barriers in order to use calorie labels in fast food restaurants. *Journal of Nutrition Education and Behavior*, 48(2), 122-130.

Stran, K. A., & Knol, L. L. (2013). Determinants of food label use differ by sex. *Journal of the Academy of Nutrition and Dietetics*, 113(5), 673-679.

Stran, K. A., Turner, L. W., & Knol, L. L. (2012). Mandating nutrient menu labeling in restaurants. *Journal of the Arkansas Medical Society*, 109(10), 209-211.

Peer-Reviewed Presentations

Dunn, C. G., Gaines, A. B., & **Stran, K. A.** (2016). Dietary guidance system utilization and dietary choice among American adults. *Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine*, Washington, D.C.

Stran, K. A., Knol, L. L. (2015). Intention to use fast food menu labels differs between gender and dieting habits. *Academy of Nutrition and Dietetics Food & Nutrition Conference & Expo*, Nashville, TN.

Stran, K. A., Knol, L. L., Turner, L. W., Severt, K., McCallum, D. M., & Lawrence, J. C. (2014). Positive attitudes are predictive of college students' intention to use and utilization of posted calorie information on a full-service restaurant menu. *Academy of Nutrition and Dietetics Food & Nutrition Conference & Expo*, Atlanta, GA.

Stran, K. A., & Knol, L. L. (2012). Adult males and females self-rate their diet quality based on different food related behaviors. *Academy of Nutrition and Dietetics Food & Nutrition Conference & Expo*, Philadelphia, PA.

Stran, K. A., Turner, L. W., & Knol, L. L. (2012). Mandating restaurant menu labeling: A strategy for obesity prevention. *American Alliance for Health, Physical Education, Recreation and Dance Annual Meeting*, Boston, MA.

Stran, K. A., & Knol, L. L. (2011). Determinants of food label use among US adults. *American Dietetic Association Food & Nutrition Conference & Expo*, San Diego, CA.

Invited Presentation

Duraski, S. A., & **Pearson, K. A.** (2008). Rehabilitation and nutrition: Maintaining a balance. *Annual Interdisciplinary Brain Injury Course: Advances in the Management of Traumatic Brain Injury*, Chicago, IL.

Other Presentation

Stran, M. & **Stran, K.** (2009). Keys for enhancing physical fitness and wellness in youth with spina bifida and spinal cord injury. *Arkansas Spinal Cord Commission Spina Bifida Fall Family Fest*, Little Rock, AR.

EDITORIAL CONTRIBUTIONS

Reviewer, *Public Health Nutrition*, 2015-2016

Reviewer, *Preventing Chronic Disease*, 2015

Reviewer, *American Journal of Preventive Medicine*, 2014

Reviewer, *American Journal of Health Education*, 2012

Reviewer, *Journal of the American Academy of Nurse Practitioners*, 2011

GRANTS AND FUNDING

Research and Travel Grant, The University of Alabama, Fall 2011, \$600 awarded

Research and Travel Grant, The University of Alabama, Spring 2012, \$240 awarded

Research and Travel Grant, The University of Alabama, Fall 2012, \$600 awarded

HONORS AND OTHER ACHIEVEMENTS

Nominee, Outstanding Commitment to Advising Award, The University of Alabama, 2016-2017 Academic Year

Nominee, Outstanding Commitment to Advising Award, The University of Alabama, 2015-2016 Academic Year

Nominee, Outstanding Commitment to Advising Award, The University of Alabama, 2014-2015 Academic Year

Outstanding Doctoral Student in Health Education and Health Promotion, The University of Alabama, 2011-2012 Academic Year

Trainee, Maternal and Child Health Leadership Education in Neurodevelopmental and Related Disabilities, University of Alabama at Birmingham, 2008-2009

Registered Dietitian (#R962972)

Carol Brewster Craig Scholarship, University of Alabama at Birmingham, Spring 2006

SERVICE

Faculty Advisor, Distance Student Dietetic Association, The University of Alabama, 2016-present

Committee Member, Nominating Committee for Outstanding Dietetic Educator Award, Nutrition and Dietetic Educators and Preceptors Group, 2016

Judge, Undergraduate Research and Creative Activity Conference, The University of Alabama, 2012

Consultant Dietitian, The University of Alabama Women's Wheelchair Basketball Team, 2010-2011

PROFESSIONAL MEMBERSHIPS

Academy of Nutrition and Dietetics (2003-present)

- Nutrition and Dietetic Educators and Preceptors Group (2013-present)
- Research Dietetic Practice Group (2013-present)

Alabama Dietetic Association (2008-present)